

Parent Checklist for Extended Field Trips:

- ☐ Consult with your child's medical provider to complete the Extended Field Trip Medication form if your child will require any over the counter or prescription medications. **Be sure to turn the Extended Field Trip Medication Form in 4 weeks prior to the field trip departure.**
- ☐ All asthma rescue inhalers and epinephrine auto-injectors must be accompanied with a Colorado State Asthma and/or Allergy/Anaphylaxis ISHP completed by your child's Medical Provider and your signature.
- ☐ High School/Middle School students may self-carry and self-administer medication if approved by parent, medical provider, and RN.
- ☐ All over the counter medication including herbal/homeopathic medications and essential oils, vitamins must be provided in the original packaging with age appropriate dosing. Acetaminophen (Tylenol), Ibuprofen (Advil), and Diphenhydramine (Benadryl) will be provided via standing orders, but will need parent permission on the medication form in order to be administered.
- ☐ All prescription medication must be supplied in the original pharmacy labeled container.
- ☐ Expired medication will NOT be accepted or administered.
- ☐ Sunscreen, lip balm, and insect repellent are PREVENTATIVE in nature and do not require a Medical Provider's signature but **do require** parent permission. Your child may pack these items in his/her luggage.
- ☐ Send ONLY the amount of medication needed for the trip, plus one extra. (example: 6 pills for 5 days).
- ☐ All over the counter medications must be labeled with your child's name.
- ☐ All medication must be checked-in at school 1-2 days prior to departure unless self-carry has been previously approved with the Medical Provider, parent, and district RN. Please consult with your Field Trip Coordinator regarding the specific date and time of medication check-in.
- ☐ In the unlikely event that medications must be checked-in the day of the trip or at the airport, please ensure that all the above criteria have been met.
- ☐ Your child's school will **NOT** automatically send your student's medication from the Health Room. You must make arrangements with the School Health Aide if you are making this request.
- ☐ Medication samples must also be accompanied by a written **prescription** and the Extended Field Trip Medication form from your child's Medical Provider.
- ☐ At the conclusion of the trip, all remaining medications must be picked up from the Field Trip Coordinator.